



**B.V. Patel Institute of Business Management, Computer & Information
Technology, UkaTarsadia University**

**Work Shop
on
Self-Development Program in Context of Spirituality**

B. V. Patel Institute of Business Management, Computer & Information Technology organised five daysworkshop on SELF DEVELOPMENT PROGRAM IN CONTEXT OF SPIRITUALITY for students. All the students and faculty members of the institute were benefitted by the programme.

Sr. No.	Date	Topic
1	20/9/2015	Self-Development Program in the Context of Spirituality
2	21/9/2015	
3	5/10/2015	
4	6/10/2015	
5	12/10/2015	



The objective of the programme was to inculcate the spirituality amidst the students and how to live a relaxed and stress free life. The objective was attained as many students and the faculty members have given feedback that the exercises which they learnt was actually very much helpful when they tried at home.